

Empathy Grades K-5

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| Student Learning Outcome(s): | Students will learn what empathy is and how to show empathy to others. |
| Duration of Lesson: | 45 minutes |
| Materials Needed: | <u>Last Stop on Market Street</u> by Matt De La Pena Walk in My Shoes worksheet (attached) |
| Instructional Procedures: | <p>Introduce empathy – “Empathy is understanding and sharing the experiences of another person.”</p> <ul style="list-style-type: none"> • How do we feel when someone dies? Sad. • How do you feel when something bad happens to your friend? We often feel sad, or mad for them, this is empathy! The bad thing did not happen to you, but you feel bad because your friend is feeling bad. You are sharing the feelings of another person. <p>Read <u>Last Stop on Market Street</u>, pausing to discuss the times when CJ and Nana show empathy for the other characters:</p> <ul style="list-style-type: none"> • Ex. CJ feels empathy when the blind man on the bus says “To feel the magic of music, I like to close my eyes.” <p>Quick discussion of the book and how Nana showed CJ what empathy is.</p> <ul style="list-style-type: none"> • How did it make the other characters feel when Nana and CJ were showing them empathy? • Why is it important to show empathy to others? • What would happen if no one ever showed empathy? • What would happen if everyone always showed empathy? |
| Extension of Learning: | <ul style="list-style-type: none"> • Center work, or homework: List some ways you could show empathy for friends or family members. • Continue to revisit the concept of empathy in future read-alouds, pointing out when characters are showing empathy (and when they are not). |
| Assessment(s): | Walk in My Shoes worksheet |

Walk in my shoes



Ken has had a bad day at school. He was called a mean name and he got a bad grade on a test. On the bus on the way home he starts to cry. How would you feel if the same thing happened to you? What can you do or say to Ken to help him feel better?



Katrina said something hurtful to her friend, Justin, and he got mad and walked away. Katrina knows that she hurt Justin's feelings because he got mad. She told him she was sorry and he feels better.

Describe a time when you hurt someone's feelings. How did you feel about what happened and what did you say or do to make them feel better?



Alicia was having a hard time learning a new concept at school. Instead of helping her, her classmates Tamara, Mike, and Cathy said mean things to her. Alicia felt even worse.

Are there times when students don't show empathy for each other? What would school be like if everyone showed empathy to each other all the time?