

WORKING TOWARD GREAT GOALS

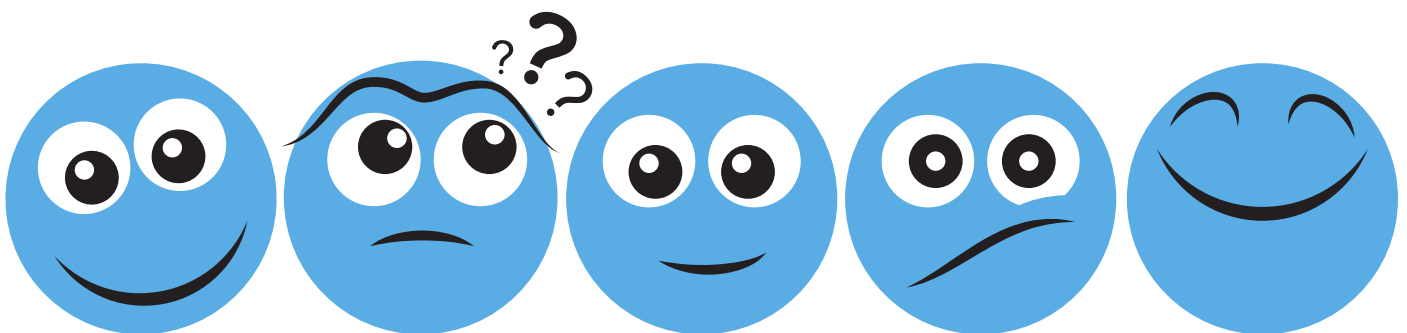
A goal is what you want to do.
It is what you want to learn.



It takes practice to learn how to set and reach goals.

Sometimes, when you're working toward a goal, you'll make a mistake.
That's okay! You can learn from every mistake that you make.

Every time you make a mistake, shake it off, try again,
and then keep trying until you get it right.



“You are a light. You are the light. Never let anyone — any person or any force — dampen, dim, or diminish your light.” – John Lewis

Go Be Great!

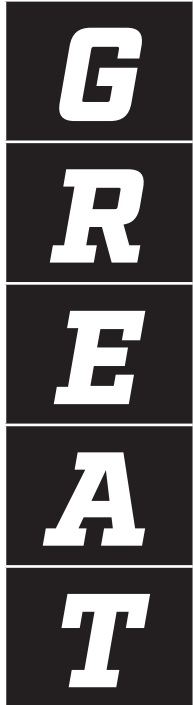
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Weeks 6–10: GREAT GOAL WORKSHEET

It's time to look at our GREAT goal for weeks 6–10.

The goal on this page already has a name. You will write in all of the other parts to make this goal GREAT!

Every 5 weeks you will work toward a new GREAT goal. **Let's get started!**



Goal's Name

This simple statement tells the world what you want to do.

Reason for Your Goal

How will this goal make your world a better place?

Efforts Required

How are you going to achieve your goal?

Accountability Partner

Who can help you stay on track toward reaching your goal?

Timeline for Your Goal

Today is your starting point. Try to reach your goal by the end of week 10.



Goal's Name:

• I will do all of my schoolwork on time.

Reason for Your Goal:

•

Efforts Required

• To reach my goal, I will...

• My accountability partner is...

GREAT Goal Timeline

Week 6	Week 7	Week 8	Week 9	Finish Line
How do you feel about your effort toward your goal?	How do you feel about your effort toward your goal?	How do you feel about your effort toward your goal?	How do you feel about your effort toward your goal?	How do you feel about your effort toward your goal?

QUICK GUIDE TO GREAT GOAL EMOTIONS

What should I do if I feel...



...confused?

Ask a teacher, family member, or friend for help. Sometimes you have to ask a few different people before you can find someone who has the help you need.



...frustrated or sad?

First, remember that you are a really GREAT person. All GREAT people get frustrated and sad. It's part of reaching hard goals. Get up, get moving, (get help if you need it), and don't quit!



...motivated and happy?

Aw yeah, buddy! Keep up the GREAT work! Next, share your positive vibes and encourage others to work hard toward their GREAT goals.