Walking



It began in dark and underground weather, a slow hunger moving toward light. It grew in a dry gully beside the road where I live, a place where entire hillsides are sometimes yellow, windblown tides of sunflower plants. But this one was different. It was alone, and larger than the countless others who had established their lives further up the hill. This one was a traveler, a settler, and like a dream beginning in conflict, it grew where the land had been disturbed.

I saw it first in early summer. It was a green and sleeping bud, raising itself toward the sun. Ants worked around the unopened bloom, gathering aphids and sap. A few days later, it was a tender young flower, soft and new, with a pale green center and a troop of silver gray insects climbing up and down the stalk.

Over the summer this sunflower grew into a plant of incredible beauty, turning its face daily toward the sun in the most subtle of ways, the black center of it dark and alive with a deep blue light, as if flint had sparked an elemental¹ fire there, in community with rain, mineral, mountain air, and sand.

As summer changed from green to yellow there were new visitors daily: the lace-winged insects, the bees whose legs were fat with pollen, and grasshoppers with their clattering wings and desperate hunger. There were other lives I missed, lives too small or hidden to see. It was as if this plant with its host of lives was a society, one in which moment by moment, depending on light and moisture, there was great and diverse change.

¹ elemental: basic

There were changes in the next larger world around the plant as well. One day I was nearly lifted by a wind and sandstorm so fierce and hot that I had to wait for it to pass before I could return home. On this day the faded dry petals of the sunflower were swept across the land. That was when the birds arrived to carry the new seeds to another future.

In this one plant, in one summer season, a drama of need and survival took place. Hungers were filled. There was escape, exhaustion, and death. Lives touched down a moment and were gone.

I was an outsider. I only watched. I never learned the sunflower's golden language or the tongues of its citizens. I had a small understanding, nothing more than a shallow observation of the flower, insects, and birds. But they knew what to do, how to live. An old voice from somewhere, gene or cell, told the plant how to evade the pull of gravity and find its way upward, how to open. It was instinct, intuition, necessity. A certain knowing directed the seedbearing birds on paths to ancestral homelands they had never seen. They believed it. They followed.

There are other summons and calls, some even more mysterious than those commandments to birds or those survival journeys of insects. In bamboo plants, for instance, with their thin green canopy of light and golden stalks that creak in the wind. Once a century, all of a certain kind of bamboo flower on the same day. Whether they are in Malaysia or in a greenhouse in Minnesota makes no difference, nor does the age or size of the plant. They flower. Some current of an inner language passes between them, through space and separation, in ways we cannot explain in our language. They are all, somehow, one plant, each with a share of communal knowledge.

John Hay, in *The Immortal Wilderness*, has written: "There are occasions when you can hear the mysterious language of the Earth, in water, or coming through the trees, emanating²

² emanating: coming forth

from the mosses, seeping through the undercurrents of the soil, but you have to be willing to wait and receive."

Sometimes I hear it talking. The light of the sunflower was one language, but there are others, more audible. Once, in the redwood forest, I heard a beat, something like a drum or heart coming from the ground and trees and wind. That underground current stirred a kind of knowing inside me, a kinship and longing, a dream barely remembered that disappeared back to the body.

Another time, there was the booming voice of an ocean storm thundering from far out at sea, telling about what lived in the distance, about the rough water that would arrive, wave after wave revealing the disturbance at the center.

Ionight I walk. I am watching the sky. I think of the people who came before me and how they knew the placement of stars in the sky, watched the moving sun long and hard enough to witness how a certain angle of light touched a stone only once a year. Without written records, they knew every night, the small, fine details of the world around them and of immensity above them.

Walking, I can almost hear the redwoods beating. And the oceans are above me here, rolling clouds, heavy and dark, considering snow. On the dry, red road, I pass the place of the sunflower, that dark and secret location where creation took place. I wonder if it will return this summer, if it will multiply and move up to the other stand of flowers in a territorial struggle.

It's winter and there is smoke from the fires. The square, lighted windows of houses are fogging over. It is a world of elemental attention, of all things working together, listening to what speaks in the blood.

Walking, I am listening to a deeper way. Suddenly all my ancestors are behind me. Be still, they say. Watch and listen. You are the result of the love of thousands.

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